



All Ireland Gerontological Nurses Association Action Plan 2009-2012

INTERIM PROGRESS REPORT APRIL 2011

1. Aim to recruit 50 new members annually

Tasks/Activities	Phases/Action Areas	Target	Progress (September 2010)	April 2011
<p>Recruit 50 New Members to AIGNA in 2011</p> <p>Endeavour to re-recruit 2009 members who failed to re-join in 2010</p> <p>Endeavour to re-recruit 2010 members again in 2011</p>	<p>1) Contact every continuing care facility (private & HSE & voluntary) in Ireland.</p>	<p>Prior to AIGNA Conference in June 2011</p>	<ul style="list-style-type: none"> • Contact all continuing care facilities in Ireland . • Sinead will distribute membership application and conference flyer to all Nursing Home Ireland members. • Claire will distribute membership application and conference flyer to all NMPDUs in every region. • Mary will distribute membership application and conference to all 2010 members • Mary will distribute membership application and conference flyer to 2009 members who failed to re-join in 2010 to encourage rejoining in 2011. • Sinead will obtain a quote from the printers for a professional AIGNA flyer suitable for distribution at conferences, study days etc. • Amanda, Georgina, Daragh, Assumpta, Caitriona and Ann will distribute as appropriate. • Mary Doyle and Sean will distribute to Peamount and Beaumont Hospitals. 	

2. Promote AIGNA Activities to demonstrate the benefits of AIGNA membership

Tasks/Activities	Phases/Action Areas	Target	Progress (September 2010)	April 2011
<p>a) Disseminate information through conference publications, mail shots and networking.</p>	<p>1) Develop flyer for distribution at conferences members attend with permission of organisers,</p> <p>2) Distribute to organisations that deliver education on care of the older person as information leaflets</p> <p>3) Use AIGNA as a LINK attachment to emails of members</p>	<p>March 2011</p>	<p>AIGNA information packs distributed at annual conference and a 'stand alone' flier is being printed for distribution at other conferences educational days.</p> <p>Copies of newsletter distributed widely, North and South to facilities caring for older people and practice placement areas.</p> <p>Contact is being made with members via their email addresses.</p>	

<p>b) Have in place a monthly programme of website developments and updates.</p>	<p>1) Each committee member to select a 3 month period that they will be responsible for updating their website. Two committee members per 3 month time period to manage web site content. 2) Identify a range of material deemed appropriate Develop guidelines/SOP for posting information on the web site.</p>	<p>Sept. 2011</p>	<p>Relevant material is currently being posted on the website through C Buckley.</p> <ul style="list-style-type: none"> • Kevin to be commissioned to update website, committee members to forward material to him for uploading. Kevin to link with Catherine re what is appropriate to post • Guidelines and SOP for posting info on website to be developed. Doreen to take a lead on this. 	
<p>c) Host annual accredited conference and masterclass</p>	<p>1) At the AGM management committee, select venue for June. 2) Local team to organise conference with assistance of Committee. 3) Master class each October 4) AIGNA committee members to be responsible for organising events</p>	<p>June annually</p>	<p>The 2nd annual conference and the masterclass is booked were both a success The 3rd annual conference is booked for the 22nd of June. Difficulty getting a local team in Dublin to organise conference so conference organised by event Co Ordination committee with the assistance of other committee members.</p>	
<p>d) Submit 5 publications annually to nursing journals, Health Boards/Trust Magazines, professional body publications and national print and new media.</p>	<p>1) Consider having 4 publications February, May/June, Sept/Oct and Nov/Dec to coincide with AIGNA events. 2) Use research that people have been involved with. 3) Use practice development and literature reviews. 5) January of each year, send out expressions of interest to members and link them if</p>	<p>Next meeting</p>	<p>AIGNA members have submitted 5 publications. These include papers to the IJOPN and other journals (McCormack, Ryan and Scott? others) and research papers to the annual newsletter among others. Three further publications are planned building on the work by Hazel Heath and teams have been identified to take these forward with the aim of linking less experienced writers to those with more experience in the field. A Ryan has a set of publications guidelines for different journals which could be posted on the AIGNA web site but as these often change, it is recommended that members consult the relevant journal prior to submitting a manuscript. This task will also be met through the 'Research, Education and Publications' working group as Assumpta is a member of both the task force for this objective and the foretasted working group.</p>	

	necessary to writing teams. 6) have publications guidelines available from journals. 7) Begin with committee members.			
e) Develop 'writing teams' of experienced and new writers so that the promotion of AIGNA activities is a collaborative endeavour.	1) Develop a list of experienced writers to act as mentors. 2) Email AIGNA members to ascertain - AIGNA members with experience of writing for publication; - those who are willing to share expertise through 'writing for publication' workshops; work collaboratively with AIGNA members involved in gerontological nursing initiatives who would like to publish/disseminate their practice initiatives.	November 2011	<ul style="list-style-type: none"> • Papers on the role of the registered nurse in long-term care in progress being led by Hazel Heath • Writing for publication workshop to be held linked to the Masterclass to be held in October/November 2011 (Assumpta and Brendan to lead) 	
f) All management committee members to participate in one publication annually.	1) Encourage new members to highlight their specialist areas of practice when joining AIGNA in order to highlight the range of specialists involved in the association. 2) Have space on the application form for this to be identified.	September 2011	All committee members have the opportunity to contribute to the papers on the role of the registered nurse in long-term care	

3. Demonstrate Leadership in Gerontological Nursing

Tasks/Activities	Phases/Action Areas	Target	Progress (September 2010)	April 2011
(a) Each year, working in partnership with AIGNA members, develop submissions in response to key policy initiatives and express an informed opinion in matters relating to gerontological nursing.	1) AIGNA to commission Hazel Heath to conduct an Irish Research Study into the role of the Nurse in Residential Care. 2. Prepare position papers in response to key policy initiatives: * End of Life Care * Healthy Ageing * Restraint	Sept 2010 July 2009 Feb 2010 May 2010	Literature review and research findings published in AIGNA report. International evidence presented at AIGNA conference and research findings presented in research report launched at AIGNA master class. Results offer valuable insight into the role of the nurse in residential care in Ireland. Recommendations include need for further research & proposal put forward in search of funding. Position papers posted on AIGNA website. Perspective of gerontological nurses informing national documents (ie. HFH end of life care.	
(b) Proactively secure positions on key policy and strategy working groups relevant to older people and gerontological nursing.	1. AIGNA (Brendan and Mary J) to be represented at Summit on Future Direction for Residential Care Settings in Ireland. 2. National Nurses Forum 3. Single Assessment Tool Working Group	Feb 2010 Sept 2010 Sept 2010	No further actions needed at this stage	

<p>(c) Ensure annual conference topic/presentations are current, capture media attention and adhere to the association's strategic objectives.</p>	<p>1. Title, presenters & presentations selection. 2. Seek abstract submissions relevant to title & showcase innovative practice. 3. Advertise Conference 4. Contact media prior to conference to generate interest / publicity 5. Conference Evaluation</p>	<p>Sept 2011 June 2011 June 2011</p>	<p>2nd Conference 'Older Adults Flourishing, Nurses promoting Active Ageing' a great success as indicated in evaluation forms. Of particular interest were submitted abstracts and exemplars of innovative practice. Press release circulated. Masterclass also was evaluated highly with current relevant topics, Restraint and person centred care in a regulated environment. Research by Heather Heath into the role of the Nurse commissioned By AIGNA presented at the Masterclass and distributed widely. Media contacted and a number of interviews given including radio interviews. 3rd conference has increased platform presentations to showcase innovative practice to 6 presentations Conference advertised widely throughout the country.</p>	
<p>(d) Committee members to attend and present the work of AIGNA at 1 (minimum) international event.</p>	<p>Submit abstracts to international events:</p>	<p>Sept 2011</p>	<ul style="list-style-type: none"> • Poster presented at E10 conference in Belfast, September 2010 • AIGNA work on the role of the nurse in long-term care featured as a central project in an international meeting on the nursing in long-term care in Toronto, February 2011 	
<p>(e) AIGNA to work collaboratively with other individuals and organizations in order to foster relationships that advance the objectives of AIGNA.</p>	<p>Distribute information re AIGNA, through existing links & new contacts identified by targeting key stakeholders. Email introductory letter to other associations etc maximizing opportunities for collaboration that will further aims & objectives of the association.</p>	<p>Sept 2011</p>	<p>Reciprocal exchange of information with a number of key stakeholders i.e. Age Action Ireland, laying the foundation for shared projects. AIGNA President chairing NHI Awards and vice president on selection panel for NHI awards. NHI part-funding ongoing research into the role of the nurse in long-term care. Strong links established in Northern Ireland with AgeNI (President is also Chairman of AgeNI). Links established with international organisations involved in the Toronto meeting on the Role of the nurse in long-term care. New links being fostered with the Hartford Institutes of Gerontology in the USA.</p>	
<p>(f) Target professional regulatory bodies and curriculum planners in order to create awareness of the requirement for</p>	<p>1) AIGNA to respond to curriculum changes affecting gerontological nursing. 2) AIGNA membership forms to be administered to students pursuing a higher</p>	<p>Sept 2011 Sept 2011</p>	<p>No activity currently</p>	

expert gerontological nursing knowledge both at undergraduate and post graduate levels.	diploma in gerontological nursing.			
(g) By the end of 2010, prepare a policy position and promotional framework to attract more nurses to specialist gerontological nursing programmes and areas of practice.		April 2012	This objective will be an 'output' from the ongoing research into the role of the registered nurse in long-term care.	
(h) AIGNA to devise their own stakeholders list comprising of professionals, policy makers and clinicians	<p>1) Compile a contact distribution list of key stakeholders for each category to enable efficient and cost-effective communication.</p> <p>2) Utilise these lists to request AIGNA is added to their key stakeholder lists and is included in newsletters/ bulletin distributions etc</p> <p>3) Send written request the Dept of Health and Children to add AIGNA to their stakeholders list. Send written request the Dept of Health and Children to add AIGNA to their stakeholders list.</p>	ongoing	Stakeholder list developed and communication sent regarding role and strategic direction of AIGNA (Caroline, Sinead & Ann). Further exposure facilitated through wide circulation of FEASA (Sinead). AIGNA benefiting from close links with HSE, NHI etc. High profile of AIGNA president Professor Brendan McCormack has furthered strategic objectives of AIGNA.	

4. Provide a platform for the voices of nurses working with older people to be informed, informing and transforming

Tasks/Activities	Phases/Action Areas	Target	Progress (September 2010)	April 2011
a) AIGNA to provide resources via its website that demonstrate national and international developments in gerontological nursing.	<ol style="list-style-type: none"> 1) AIGNA to maintain links with current collaborators on its website and to develop new links by contacting website operators who have input into Gerontological nursing. 2) AIGNA logo, link to AIGNA website and/or conference/membership advertisement to be on a minimum of 5 websites by 30th April 2010 3) Website links to other non-nursing / commercial organisations and associations from AIGNA website subject to AIGNA's marketing opportunities' (currently under development). 4) Webmaster to trawl internet 3 times a year to identify potential collaborators and to post these on the AIGNA useful links section after assessing their validity and usefulness 	<p>ONGOING</p> <p>Ongoing</p> <p>Ongoing</p>	<p>3 new website links added this year. AIGNA logo hosted on 5 websites</p> <p>Currently trying to increase the marketing opportunities for AIGNA by offering to host sponsors logos and descriptions on the website but progress in the current climate is slow.</p> <p>Problems are lack of sponsorship, and time needed to achieve outcomes.</p> <ul style="list-style-type: none"> • To host information on courses in response to identified need by members. • Provide link to HSE and CNEs course information on website. • To forge links with Dept. of Health and Nursing bodies in other countries. 	
b) Commence and actively promote/facilitate 2 new discussion forums annually focusing on key policy issues and strategic developments.	<ol style="list-style-type: none"> 1) Monitor and assess political and healthcare policy to identify areas that can be developed into discussion forums for AIGNA website. 2) New discussion forum to be created on AIGNA web site 1st week in May 2010 and/or the 1st week in September 2010 (1 month before conference/ master-class) AND throughout the year, in response to national policy/initiatives, to encourage active engagement with members. 	Ongoing	<p>Currently the website hosts 4 discussion forums.</p> <ul style="list-style-type: none"> • One new discussion forum added this year. • To look into the possibility of creating a facebook account to increase interaction with members and profile of AIGNA 	
c) Formalise links with other international Gerontological associations and support participation of	<ol style="list-style-type: none"> a) Identify international Gerontological associations, make contact and formalize links accordingly. b) A minimum of 1 international Gerontological nurse to present at AIGNA's annual conference – preferably a nurse with links to national/international gerontological nursing association(s). 	June 2011	Professor Debbie Tolson is to present at the annual Conference in June 2011.	

5. Become credible and authoritative in knowledge generation and translation

Tasks/Activities	Phases/Action Areas	Target	Progress (September 2010)	April 2011
a) Identify issues of concern for older people/Gerontological nurses and establish a scientific committee of AIGNA members with a track record in attaining research funding	Canvas the views of AIGNA members on priorities for research and development and develop a Research Strategy outlining priority areas ensuring that these are in line with current government policy and plans.	April 2012	<ul style="list-style-type: none"> Establish online survey (using survey monkey) of AIGNA members R&D interests. Catherine and Mary J to lead on this in early September Facilitate a consensus exercise at the October/November masterclass Develop action plan to take forward in the 2012/2013 period 	
b) Host a biennial event to scope the research priorities of gerontological nurses in Ireland.	Set up a biennial event, linked to the AIGNA conference to scope research priorities and monitor progress with activities	April 2012	<ul style="list-style-type: none"> As per 5 a 	
c) Identify research themes congruent with the Associations aims, objectives and mission statement, national/international research priorities (i.e. HRB, CARDI, Age Action Ireland, NCM) and national and international trends.	Develop a list of potential funding bodies and identify their research priorities and themes. Map this list against the priorities identified by AIGNA and the scientific committee	April 2012	<ul style="list-style-type: none"> As per 5 a 	

d)	Develop research proposals; apply for research funding and/or commission research.	Work with represented academic institutions (University of Ulster, University College Cork, NUI Galway) to develop proposals that are consistent with our research priorities.	Aim to have 2 proposals developed by December 2010	<ul style="list-style-type: none"> • Research proposal submitted to the Martha McMenimen Awards to extend the research into the role of the RN in residential care in Ireland – not funded • Research proposal submitted to NHI and NHI have agreed to co-fund the research with AIGNA (€7000) 	
e)	Work towards having a research bursary scheme in place by the end of 2010	Develop guidelines and information for applicants drawing on the research priorities identified in AIGNA's research strategy.	April 2012	This action has not been progressed due to continuing concern about the financial security of AIGNA which is dependent on increased membership. This action will be taken forward/reconsidered as an output from the research priority setting exercise (Objectives 5a, b, c)	
f)	Create 'research highlights' on the website and newsletter that profile key aspects of new knowledge relevant to gerontological nursing.	The research priorities of AIGNA will be posted on the website and these will be accompanied by relevant literature	Oct 2011	<ul style="list-style-type: none"> • Research on the Role of the Nurse in Residential Care currently hosted on Website • To look into the possibility of purchasing web access to a journal or number of journals to be accessed by members on the website • To offer all HDip Gerontology students the opportunity to disseminate lit, reviews, change management projects or research 	
g)	Identify AIGNA members with a local, national and/or international profile who are willing to utilize their extensive contacts to advance AIGNA's profile at local,	Prepare a template for members to complete at the time of registration/renewal outlining their interest, expertise and membership of local, national or international	April 2011	<p>Currently several committee members have a national and international profile .</p> <ul style="list-style-type: none"> • To change membership form to have members identify affiliations with other organisations and area of specialist interest or expertise • Also to make recording of UKCC and ABA registration numbers mandatory. 	

national and international events (through their organizations, at conferences etc...)	organisations with a remit for the care of older people. Alternatively this could be done on-line.			
h) Commission research in key areas where there is a need to demonstrate the knowledge, skills and expertise of nurses working with older people	Based on the priorities identified as part of AIGNA's Research strategy, commission research to demonstrate the importance of high quality gerontological nursing	April 2012	<ul style="list-style-type: none"> • Research exploring the Role of the Nurse in Residential Care undertaken by Dr Hazel Heath now complete. • Further funding secured from NHI for ongoing research in this area with a particular focus on articulating the expertise of gerontological nurses in LTC – co-funded with AIGNA 	
i) Establish the new AIGNA journal to be launched in October/ November 2011	<p>To establish the journal there is a need to:</p> <ul style="list-style-type: none"> • Develop distribution/access guidelines • Establish guidelines for submission of papers • Set up the editorial board • Agree the target audience • Develop production schedule 	October/November 2012	<ul style="list-style-type: none"> • A specific meeting to advance this action is to be held in the next couple of months 	